



KITCHEN HELPER

Posted on July 14, 2026

Job Expires: 2027-01-15

Job Location: Regina, SK

Hours Per Week: 30 -40 hours

Job Salary: \$15.35 per hour

101265837 Saskatchewan Ltd. O/A Breakfast Bistro located at 3215 Quance Street E, Regina, SK S4V 2T7, is looking for a Kitchen Helper. Pay will be \$15.35 per hour. No Experience or education is required for this job but experience is always an asset, and training will be provided to the selected candidate. Basic oral English required. This is full-time position for 30-40 hours a week. We will also consider candidate who wish to work part-time for this position. Some of the duties are given below:

- Prepare, heat and finish simple food items
- Use manual and electrical appliances to clean, peel, slice and trim foodstuffs.
- Portion and wrap foods, Package take-out food, Stock refrigerators and salad bars.
- Wash, peel and cut vegetables and fruit, Clean and sanitize kitchen including work surfaces; cupboards, storage areas, appliances and equipment
- Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas

Interested applicants email your resumes at bb.bistroregina@gmail.com or mail to 3215 Quance Street E, Regina, SK S4V 2T7.

